

# MY CAREER ACTION PLAN

Name: ..... Date: .....

| 1. Proposed Matric Subjects: |  |   |  |
|------------------------------|--|---|--|
| 1                            |  | 4 |  |
| 2                            |  | 5 |  |
| 3                            |  | 6 |  |

| 2. My Study / Career goals after Matric |  |
|---|--|
| 1                                       |  |
| 2                                       |  |
| 3                                       |  |

| 3. What do I need to do to reach my goals: |  |
|--|--|
| 1  |  |
| 2  |  |
| 3  |  |
| 4  |  |
| 5  |  |
| 6  |  |

Now break these goals into **short term** (to be done in 3 months), **medium term** (to be done in 6 months) and **longer term** goals (will take more than 6 months) and use the SMART guidelines.

## MY SMART GOALS

|   | TIME FRAME                       | SMART GUIDELINES |
|---|----------------------------------|------------------|
|   | <b>Short Term (3 months)</b>     |                  |
| 1 |                                  |                  |
| 2 |                                  |                  |
| 3 |                                  |                  |
|   | <b>Medium Term (6months)</b>     |                  |
| 1 |                                  |                  |
| 2 |                                  |                  |
| 3 |                                  |                  |
|   | <b>Long Term (&gt; 6 months)</b> |                  |
| 1 |                                  |                  |
| 2 |                                  |                  |
| 3 |                                  |                  |

| My Support Mentors are: |  |
|-------------------------|--|
| 1                       |  |
| 2                       |  |
| 3                       |  |

| My Favourite Motivational Quote is: |  |
|-------------------------------------|--|
|                                     |  |
|                                     |  |
|                                     |  |

Signature: ..... Date: .....

