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#### 1. Preamble

The 2021/2022 House Committee of Huis ten Bosch is committed to the following objectives regarding responsible drinking:

- Cultivate a residence space in which the drinking of alcohol is practiced in a safe and healthy manner
- Reduce binge drinking in our community and make sure we don't contribute to the toxic drinking culture on campus
- Normalize healthy drinking instead of restricting the use thereof. We wish to give drinking a positive and dignified connotation within our residence.
- Have our residents consume alcohol in a safe space where they can be looked after, instead of going out to town where safety measures aren't implemented
- Educate our residents on how to consume alcohol safely and the importance of drinking responsibly

#### 2. Definitions

- 2.1 Binge drinking Males: 5 units of alcohol in a 4-hour period, Females: 4 units of alcohol in a 4-hour period (Single shot of hard liquor: 1 Unit, A beer/cider (440ml): 2 Units, A glass of wine (175ml): 2 Units)
- 2.2 Responsible use of alcohol Blood Alcohol Content stays at or below 0.08%
- 2.3 Hard liquor distilled beverages with an alcohol content of 35% or higher, for example brandy, whiskey, vodka, gin, tequila, etc.

## 3. Amendments

Amendments to these rules may be made:

- 3.1 At the behest of the CSC representative
- 3.2 By the House Committee if written approval is obtained from the CSC representative
- 3.3 The house has voted in favour (2/3 majority) of these rules at a house meeting after 3.1 or 3.2 has been completed

#### 4. Default: No alcohol allowed in the residence

The no-alcohol rule applies:

- 4.1 During the time period before the Alcohol Rules for the current calendar year has been approved by the CSC representative and voted in by the House at the first House Meeting of the year (the house meeting will take place after the 2<sup>nd</sup> week of the undergraduate academic calendar)
- 4.2 During the two week period leading up to exams and including both the first and second exam opportunities.
- 4.3 During recess/holidays, as the House Committee members will not be in the residence to enforce the rules
- 4.4 Transgression will lead to the alcohol in question being confiscated and destroyed, and leave the resident subject to disciplinary procedures.

# 5. Education on Safe Drinking and Substance Use



- 5.1 During Welcoming Week, a session on Safe Drinking must be presented to the Newcomers.
- 5.2 The session should be an introductory discussion on the topic in which "Safe Drinking", "Binge Drinking" and "Substance Abuse" are defined.
- 5.3 The discussion should also emphasize the importance of knowing one's limits. If possible, peer pressure and the bystander effect with regards to the drinking culture in university must also be addressed to bring awareness to subtle behaviours that enable the drinking culture.
- 5.4 This discussion must also include which steps to take in caring for intoxicated friends, such as providing them with enough water, sleeping on their side, etc.
- 5.5 A session on the Responsible Use of Alcohol and the Physical impact of Alcohol on one's Health must be presented to the house at least once a semester at House Meeting. This will be done by the Vice-Primarium who oversees safety. The Vice-Primarium will also emphasize the importance of keeping one's Blood Alcohol Content below 0.08% and how to go about doing so.

#### 6. Alcohol Rules for 2022

- 6.1 Residents may be in possession of, or consume, alcohol in the communal spaces in Huis ten Bosch (the kitchenettes, quads, TV room, recreational hall, dining hall) between the hours of 16:00 and 23:00. Thus, no alcohol may be consumed from 23:00 to 16:00. Alcohol may not be stored in these areas.
- 6.2 No alcohol may be consumed in the garden
- 6.3 Residents may not drink, or display, any form of alcohol in their individual rooms at any time. This includes empty bottles/containers recognizable as alcoholic beverages. This can lead to a disciplinary hearing.
- 6.4 Residents can be held accountable for the intoxicated behaviour of their visitors. Visitors are subject to the Huis ten Bosch Visitor Rules.
- 6.5 Residents must adhere to the Huis ten Bosch Noise Times. If a resident causes a disturbance due to excessive alcohol consumption, they will be given a disciplinary hearing.
- 6.6 No drinking games are allowed.

### 7. Residence Events

- 7.1 No alcohol may be provided/served by the House Committee, or any other committee, for an event that takes place at HtB (a dance, social or otherwise)
- 7.2 No event will be promoted on the basis that alcohol will be served, and no event will be centered around the playing of drinking games
- 7.3 Residents may bring their own alcohol to an event, but it will be limited to any alcoholic beverage that is *not* considered a hard liquor (see 2.3), to the units defined as binge-drinking (see 2.1) and will depend on the length of the event. This will all be communicated to the House at least 24 hours in advance.



- 7.4 These rules do not only apply to HtB residents, but also to guests attending the HtB event
- 7.5 A "recovery area" will be set aside at every event where intoxicated resident can go to recover and be taken care of.
- 7.6 The HC in charge of the event is responsible for monitoring the alcohol brought in by attendees (see 7.3) throughout the whole event and making sure the event is not spoiled by drunken disturbances. The HC must appoint two additional alcohol monitors to assist them in checking the alcohol being brought in.
- 7.7 All events at which alcohol is allowed will have a sufficient amount of food available to ensure that residents do not consume alcohol on an empty stomach.
- 7.8 All events will also have sufficient water available.
- 7.9 Attendees of the event will be reminded and encouraged to make use of the water, non-alcoholic beverages and food available.
- 7.10 The Residence Head may apply to the CSC for exemptions to the times stipulated in 6.1 for events.
- 7.11 Failure to comply with the alcohol rules for events, will lead to disciplinary hearings.

8.	Approval	
	Leg oux.	07/03/2022
	Primar <mark>ia</mark>	Date
	Front	07/03/2022
	Vice-Primaria	Date
	Alt	10/03/2022
	Residence Head	Date
	CSC Representative	Date